



Group Therapy Agreement

As a participating member in group therapy you are hereby agreeing to the following group therapy expectations. In the case that you violate one of these guidelines I reserve the right to discuss with you my concerns and may terminate your therapy with providing a proper referral.

1. Each group participant agrees to respect a level of confidentiality within the group. All materials discussed must remain confidential.
2. In the event that group members agree to meet social or romantically outside of the assigned group time, the agreement is that these events will be discussed within the group during our scheduled session time to maintain the cohesiveness and trust within the group.
3. Each group member will make every effort to attend all group therapy sessions. In the case that an emergency comes up the group member will contact the therapist within 24 hours of the next scheduled session. The therapist reserves the right to waive the group fee but on most instances the group's fee will be due regardless of attendance.
4. In the situation where a group member decides to withdraw from the group, an individual meeting needs to be set up with the therapist to discuss the most appropriate way to withdraw from the group.
5. In the situation where a group member has a complaint with another member of the group or with the therapist he/she agrees to discuss these concerns with the therapist by phone. Therapist offers 15 minutes of phone consultation free of charge in this instance but an individual session should be scheduled if client requires more of the therapist's time to resolve this issue. Text message complaints are never appropriate in this situation.

Group therapy participant agrees to the above expectations.

Client Name: _____

Date: _____

Address: _____

Phone #: _____

Emergency Contact: _____

Phone Number: _____

Email: _____